

# SIGNATURE HOUSE NEWSLETTER

## September 2018

Firstly we would like to welcome you all to Septembers Newsletter. We've had quite an eventful month yet again. We had Mark the piano man at the beginning, which always goes down well with the residents, a good singsong, and lots of laughs. We had another trip out on the freedom boat. It was also a residents birthday who attended, what a perfect day! The weather was lovely although a little breezy, we went around Lulworth and Durdle Door....AND in the middle of Weymouth sea, we saw ... can you guess? .... a dolphin! What a perfect experience for our last trip out on the boat this year. Everyone enjoyed seeing Magdalena, she came in her with her instruments onto first floor, a lot of interaction, and a lovely session. We have had Jane, singing for the brain, this works great to break up the afternoons. Luna the Pat dog and a young man came in and saw everyone as well, she was a very big hit as usual, most of the home engaged with both dog and child, which it always is so lovely to see. In creative clay residents enjoyed making elephants. Improvising with patterns and textures to add in detail on the elephant, then painted in different colours, these will be back soon. Other activities included movie afternoons, church groups and obviously our one to ones, for the individuals that who do not wish to engage in some activities or with big groups etc. The Broadwindsor Jammers were a hit with the residents, however it was the floor that was a hit for Kelly activities organiser, who decided actions should be done whilst doing the hokey cokey and ended up horizontal on the floor! No damage was done though and we were glad we could provide an extra bit of entertainment! The residents enjoyed singing along to the classics as well as some of their favourites.

We are looking forward to hosting our Macmillan coffee morning, an event close to a lot of people's hearts, and hope that we will have a good turn out to help such a good cause, we will update with a great fundraising figure for this.

You will notice on the calendar, we have added a new event, Individual scented relaxation therapy, this is going to be using relaxing scents, some calming music and a scented hand cream. This is an afternoon event as it's something mellow, and we hope the residents will really enjoy this. Your feedback is welcome let us know and we will update you next month with how these sessions go throughout the home.

Warm wishes to the staff in their new careers, AND a big hello and welcome to the newcomers that have joined us recently.

*To those we have lost – we will forget you not.*



Let us hand over to Kerry the manager for a few updates!



*A note from Kerry – Manager*

We have had a busy month!  
We were presented with our award  
for the most improved Garden!  
This was presented By John Whittaker  
The Chairman of trustees and Keren Wilkinson  
Chief executive officer



Maureen accepted the award on behalf of the home!

You will see we have embarked on the care planning system PCS  
You will notice that the staff have what look like mobile phones,  
Please be assured they are not, this is how the team will record records.



Our Head Chef Jody has been working with a new product  
This is a new way of creating more presentable pureed foods  
This is for those who require a special diet for safe swallowing,

We will be trialling this please give feedback I have personally tried them!



Chicken, Carrots and Peas!  
This is a puree meal!



Cooked breakfast, sausage, tomato and mushrooms!

Just a reminder for parking, please do not park  
on the right hand side of the Turning circle, I  
appreciate parking is difficult but we must have  
access for an ambulance many thanks.

We will be sending out surveys soon, please  
help us improve your service and complete one  
your feedback is vital!

We have revealed the new name as part of the  
Rebrand, Somerset Redstone Trust will soon be  
called.....

Amica Care Trust!

Is there anything you would like to see more of  
in our newsletter? Please let us know we would  
love to hear you views!

Thank you for reading as always!